



St John's Cathedral 聖公會聖約翰座堂

Anglican Diocese of Hong Kong Island
Hong Kong Sheng Kung Hui

*'St John's Cathedral is a place of God's grace, welcoming all,
following Christ and changing lives in the heart of Hong Kong.'*

THE NINTH SUNDAY AFTER TRINITY 2ND AUGUST 2026

8.00am Said Eucharist

Celebrant and Preacher: The Revd Canon Dwight dela Torre
Reader: Will Clay

9.00am Sung Eucharist (<https://youtube.com/live/sUErJ3NPthk>) (Eucharistic Prayer E)

Celebrant: The Revd Francis Yu
Preacher and Deacon: The Revd Canon Dwight dela Torre
Communion Setting: St Martin's Mass (David Bednall)
Hymns: 383ii, 532ii, 386, 478
Anthem: Like as the hart (Herbert Howells)
Readers: Douglas Lam, Mark Tse
Intercessor: Frank Lang
Voluntary: Paeon (Herbert Howells)

10.30am Sung Eucharist (Mandarin)

Celebrant: The Revd Canon Peter Koon
Preacher: The Revd Polly Wong

11.45am Responsorial Eucharist—Provincial (Rite II)

Celebrant: The Revd Robert Martin CMP
Preacher: The Revd Canon Dwight dela Torre
Reader: Gareth Williams
Intercessor: Letty Awingan

1.30pm Sung Eucharist (Pilipino)

Celebrant and Preacher: The Revd Sharon Langbis

5.00pm Choral Evensong

Officiant and Preacher: The Revd Will Newman
Reader: William Cheng

THIS WEEK AT ST JOHN'S CATHEDRAL

MON 3rd August	8.00am	Said Eucharist
	12.25pm	<i>Meditation Group</i>
	1.00pm	One o'clock Prayer
TUE 4th	8.00am	Said Eucharist
	1.00pm	One o'clock Prayer
	1.15pm	Said Eucharist
	7.00pm	<i>Bible Reading Fellowship—NO MEETING IN AUGUST</i>
WED 5th	8.00am	Said Eucharist
	1.00pm	One o'clock Prayer
	1.15pm	<i>Lunchtime Recital—Schubert, Richard Strauss and Brahms —Vocal Recital by Francis Wong</i>
	6.00pm	Said Eucharist
THU 6th The Transfiguration of our Lord	8.30am	Said Eucharist
	1.00pm	One o'clock Prayer
	1.15pm	Said Eucharist
	2.30pm	<i>Parents and Toddlers—NO MEETING</i> <i>The Parents and Toddlers is taking a summer break in July and August. Further updates will follow.</i>
	7.30pm	Sung Eucharist (see page 5)
FRI 7th	8.00am	Said Eucharist
	3.00pm	<i>Friday Fellowship Group—NO MEETING IN AUGUST</i>
	8.00pm	<i>'Among Us' (Youth Ministry)</i>
SAT 8th	8.30am	Said Eucharist
	12.00noon	Said Eucharist (Filipino)
	4.00pm	<i>Andrew Fellowship—NO MEETING IN AUGUST</i>
	6.00pm	Sung Eucharist (Cantonese) (Anticipated Sunday Service)
SUN 9th	The Tenth Sunday after Trinity	
<i>1 Kings 19.9-18</i>	8.00am	Sung Eucharist
<i>Psalms 85.8-13</i>		Celebrant and Preacher: The Revd Robert Martin CMP
<i>Romans 10.5-15</i>	9.00am	Responsorial Eucharist
<i>Matthew 14.22-33</i>		Celebrant: The Revd Canon Dwight dela Torre
		Preacher: The Revd Robert Martin CMP
	10.30am	Sung Eucharist (Mandarin)
		Celebrant and Preacher: The Dean
	11.45am	Choral Mattins
		Officiant: The Revd Robert Martin CMP
		Preacher: The Revd Sharon Langbis
	1.30pm	Sung Eucharist (Filipino)
		Celebrant and Preacher: The Revd Canon Dwight dela Torre
	5.00pm	Healing Eucharist
		Celebrant: The Dean
		Preacher: The Revd Robert Martin CMP

*Welcome to all who worship here today. Visiting communicants, of whatever Christian tradition, are invited to receive communion here. **No unauthorised photography, video filming or sound recording during the service. Please set your mobile phone to silent and refrain from using it during the service.***

COLLECT

Almighty God, who sent your Holy Spirit to be the life and light of your Church: open our hearts to the riches of your grace, that we may bring forth the fruit of the Spirit in love and joy and peace; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

FIRST READING Isaiah 55.1-5

A reading from the book of the prophet Isaiah.

The LORD says this:
Everyone who thirsts, come to the waters; and you that have no money, come, buy and eat! Come, buy wine and milk without money and without price. Why do you spend your money for that which is not bread, and your labour for that which does not satisfy? Listen carefully to me, and eat what is good, and delight yourselves in rich food. Incline your ear, and come to me; listen, so that you may live. I will make with you an ever-lasting covenant, my steadfast, sure love for David. See, I made him a witness to the peoples, a leader and commander for the peoples. See, you shall call nations that you do not know, and nations that do not know you shall run to you, because of the LORD your God, the Holy One of Israel, for he has glorified you.

This is the word of the Lord.

All Thanks be to God.

SECOND READING Romans 9.1-5

A reading from the letter of Paul to the Romans.

I am speaking the truth in Christ. I am not lying; my conscience confirms it by the Holy Spirit. I have great sorrow and unceasing anguish in my heart. For I could wish that I myself were accursed and cut off from Christ for the sake of my own people my kindred according to the flesh. They are Israelites, and to

them belong the adoption, the glory, the covenants, the giving of the law, the worship, and the promises; to them belong the patriarchs, and from them, according to the flesh, comes the Messiah, who is over all, God blessed for ever. Amen.

This is the word of the Lord.

All Thanks be to God.

GOSPEL READING Matthew 14.13-21

Hear the Gospel of our Lord Jesus Christ according to Matthew.

All Glory to you, O Lord.

When Jesus heard that Herod had beheaded John the Baptist, he withdrew from there in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. When he went ashore, he saw a great crowd; and he had compassion for them and cured their sick. When it was evening, the disciples came to him and said, 'This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves.' Jesus said to them, 'They need not go away; you give them something to eat.' They replied, 'We have nothing here but five loaves and two fish.' And he said, 'Bring them here to me.' Then he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to the disciples, and the disciples gave them to the crowds. And all ate and were filled; and they took up what was left over of the broken pieces, twelve baskets full. And those who ate were about five thousand men, besides women and children.

This is the Gospel of the Lord.

All Praise to you, O Christ.

POST COMMUNION PRAYER

Holy Father, who gathered us here around the table of your Son to share this meal with the whole household of God: in that new world where you reveal the fullness of your peace, gather people of every race and language to share in the eternal banquet of Jesus Christ our Lord. **Amen.**

FOR YOUR PRAYERS THIS WEEK

In the worldwide Anglican Communion we pray for The Church of the Province of Uganda.

Hong Kong Sheng Kung Hui (Anglican Province of Hong Kong & Macau); for the Most Revd Andrew Chan, our Archbishop and Primate; for our Diocesan Bishop, the Rt Revd Dr Matthias Der, and for all bishops, priests and deacons within our diocese and province.

We also pray for God's guidance over the future of **the Church of The Transfiguration**. Grant them abundant resources and wisdom for God's ministry to flourish; the power and gifts for evangelism to draw more people to believe in God and together witness His glory. May the Lord strengthen the work of discipleship. Help their parishioners to grow in faith, building up one another in truth and love, so that the entire spiritual life of the church may be healthy and thriving. Raise up enough leaders and teachers, granting them various gifts, to fill their fellowship and Sunday school Ministries with vitality. Guide their church's evangelistic ministry at Yau Tong Kei Hin Primary School. Lead the co-workers to reach out to students and parents with wisdom.

Within the Cathedral Parish we pray for the Cathedral Church and its various congregations, for the Dean and the chaplains; for our daughter churches; St Stephen's Chapel, Stanley, Discovery Bay Church and Emmanuel Church, Pokfulam; and their Priests in Charge. We also remember in our

prayers Christians in Central, In Touch Magazine, Cathedral Bookstore, Mission For Migrant Workers, SJC Life Enrichment Centre, and St John's Counselling Service.

We pray for our link diocese of Toungoo in Myanmar. Even in the midst of civil conflict and natural disasters, and while providing for the basic needs of hundreds of Christian families who have lost their homes, the diocese is expanding the Agape Pre-School to open Agape Primary School, and they are requesting our assistance. This is the only Christian school in the diocese. Give thanks for their faith and hope, sharing God's love in their community.

PRAYER REQUESTS

Please pray for those who are sick:

Sabrina Ho, Leung Chan Ying Ping, Wu Yat Cho, SoSo Mei Ping Wong-Leung, Poon Wan Fung Sebastien, Raymond Yuen, Birdy Yeung, Fung Wan Nui, Eva Sorrel, Tommy Hui, Ray Chan, Therese Marie Gerarda Chan, Rozana Leung-Bishop, Cheung Chik Wan, Teresa Ray Li, Chung Sheung Yung, John Chakas, Hsu Hon Chung, Jane Pang Tong, Fr John Chynchen, Ruth Phillipson, John Lo, Joseph Chu, Alan Irvine, Daisy Tai, Katie Yuet Kum Leung-Lui, Jeffrey Lee, Sylvia Donna Kantor, Hung Yeung Pong Wah, Jan Williams, Bonnie Lin, Louis Shih, Li Chunjuan, Tiffany Au, Esther Bangcawayan, Irena Wu, Chris Maden, Mark Hammitt, Sanson Lau, Brigitta Wheele, Tristan Sherliker, Sister Jean Mary, Emily Tso, Pamela Bennett, Yu Chi Ming, Chew Tung Yim Fong, Chuan Xiaokang, Yeewan Li, William L. Shia, Wanda Wan H, Cheung Leung Wah, Tjhang Chui Fa, Sarah Wong, Merander Ng, Michael Beckett, and Donna Willis.

Please pray for the recently departed:
Tim Hancock and Chung Kam Chuen.

Please remember those named above in your private prayers. To include someone in this prayer list, please contact Elisa, Tel: +852 2523 4157.

PRAYERS FOR PEACE

As wars and conflicts bring terror and suffering to so many of God's children in Iran and the Middle East, in Ukraine, and in Africa, you can join our online Peace Prayers, 8.30-8.50pm every Thursday evening. We pray for peace in the world and peace in ourselves, so that we can spread peace around us. WhatsApp Tony Poon tssf on +852 9860 2920 for the link.



REFRESHMENTS in the Li Hall after 9.00am service



Please join us for light refreshments; a good opportunity to renew acquaintances, welcome visitors and new friends while enjoying fellowship with other parishioners.

THE TRANSFIGURATION OF OUR LORD

Thursday 6th August 2026
7.30pm Sung Eucharist



Celebrant:
The Revd Robert Martin CMP

Preacher:
The Revd Drew Courtright

CLERGY

This morning, The Dean is celebrating the Eucharist and preaching at Emmanuel Church, Pokfulam.

CONGRATULATIONS

The Iglesia Filipina Independiente (IFI) celebrates its 124th Proclamation Anniversary today, 2nd August 2026, with the theme:

*Sustained by grace, nurtured in faith,
sent forth in mission.*

IFI's in Hong Kong will observe it next **Sunday, 9th August 2026**. A short programme at the Li Hall will follow shortly after the 1.30pm Eucharist. Everyone is welcome.

RESIDENT GUEST CHOIR IN AUGUST

During the month of August, while St John's Cathedral Choir are in summer recess, all morning choral services will be sung by our resident guest choir, Die Konzertisten, under the direction of our Director of Music, Felix Yeung.

Die Konzertisten (DK) is recognised as one of Hong Kong's foremost chamber choirs. DK performs repertoire ranging from Renaissance polyphony and Baroque masterpieces to Romantic delicacies and newly commissioned works. The choir regularly works with internationally distinguished artists and is featured frequently in the Hong Kong Arts Festival. Other partnerships include Hong Kong Philharmonic Orchestra, HKU MUSE, and RTHK. DK has been singing in the Cathedral's choral services since August 2012.

ONLINE DONATION

<https://www.stjohnscathedral.org.hk/Donation/default.aspx?lang=1>



St John's Cathedral Hong Kong
Summer Sunday School 2026
'Fruit of the Spirit'

Venue: Harold Smyth Room

Date: Sundays 5th, 12th, 19th, 26th July & 2nd, 9th August

Time: 9.00am - 9.55am

Online Registration Form:

https://forms.cloud.microsoft/pages/responsepage.aspx?id=xVqJbm_uH0OiQIO6rWubEnVszXEM2D9CnYqfelb0aCNURFU3NUhLREpXNkRTU09ZNkYyOFZBTTQ2VS4u&route=shorturl



HKSKH Ming Hua Theological College
Autumn Semester, 2026/27, is now open for admission!
(September 2026 – January 2027)

Master of Arts in Christian Studies (MCS)

MCS102 Bible and Theology in Context

Lecturer: Dr Stephen Lim & Dr Matthew Jones

Date: 10th Sep – 10th Dec (Thursdays, except 1st and 22nd Oct)

MCS108 Reading the Bible in the Contemporary World

Lecturer: Dr Stephen Lim

Date: 9th Sep – 2nd Dec (Wednesdays, except 21st Oct)

MCS113 Who and What is the Church?

Lecturer: Dr Matthew Jones

Date: 8th Sep – 1st Dec (Tuesdays, except 20th Oct)

Time: 7.00pm - 9.00pm

Venue: Ming Hua Theological College/Zoom (for overseas students only)

Tuition Fee: HK\$9,800 per module Audit Fee: HK\$5,880 per module

Application Fee: HK\$200 Deadline: 31st August 2026

Enrolment & Enquiries: admission@minghua.edu.hk

or WhatsApp: +852 9530 7241

Training Course for RE Teachers

The recruitment of our Training Course for RE Teachers is open now. It is conducted in Cantonese. Should you have any enquiries, please contact us at admission@minghua.edu.hk or WhatsApp: +852 9530 7241.





ST JOHN'S CATHEDRAL
聖公會聖約翰座堂



St John's Cathedral
Counselling Service

Coping with the Transition from Primary to Secondary School:

A Parents' Guide



29th Aug (Sat)

7.30–9.00pm

Harold Smyth Room

The transition from primary to secondary school is a big change towards greater independence and growth for children, and a challenge for parents as they shift their identity from 'manager' to 'consultant'. This workshop will help you navigate this transition.

The session focuses on cultivating your child's motivation and resilience—encouraging genuine ownership over their decisions and learning, while providing a secure emotional base that allows them to explore their growing independence safely.



Dr Mark Harrison



Scan the QR code
to register and
find out more.

ST JOHN'S CATHEDRAL MINISTRY TEAM

Dean

The Very Revd Kwok-keung Chan
(Acting Priest-In-Charge of Emmanuel Church)

Clergy Ministry Co-ordinators:

Chinese Ministry -
The Revd Canon Peter Koon
The Revd Francis Yu

Christian Education - The Revd Will Newman
(Priest-In-Charge of St Stephen's Chapel, Stanley)

Filipino Ministry -
The Revd Canon Dwight dela Torre
The Revd Sharon Langbis

Liturgy and Spirituality - The Revd Robert Martin CMP
(Chaplain to the English-speaking congregations)

Youth Ministry - The Revd Francis Yu

The Revd Drew Courtright
(Priest-In-Charge of Discovery Bay Church)

Honorary Chaplains:

The Revd Professor Philip Wickeri
The Revd Polly Wong Heung-fong

Executive Administrator:

Ms Bette Lai

Serving the wider community:

SJC Counselling Service
Mission for Migrant Workers
SJC Life Enrichment Centre
Cathedral Bookstore
CLARES/Castaways
Prison Ministry



Safeguarding Officer:

Mr Jason Wong



Information about St John's Cathedral
and its ministries can be found on the
notice boards and on the website:
www.stjohnscathedral.org.hk.

Clergy are here to listen and help.
Please feel free to speak to one of them
after the services, or make contact
during the week: St John's Cathedral,
Tel: +852 2523 4157

Welcome to St John's Cathedral!

Please complete this form and hand it to one of the Clergy, a Sidesman or the Welcome Table.

Surname:

First Name:

Name of spouse (if applicable)

Names and ages of children (if applicable)

E-mail: _____ Phone: _____

Please circle as appropriate:

I attend the 8.00am/9.00am/10.30am/11.45am/1.30pm/5.00pm service.

I am interested in finding out about: Sunday School / Cathedral Choir /
CLARES / Baptism & Confirmation / Flower Guild / Sidesman / Servers Guild /
Fellowship Group / Stewardship Scheme / Uniformed Group.

Other questions / information:

☐ I do not agree to receive any promotional materials from St John's Cathedral.

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